

CRI

PERSON SPECIFICATION

Volunteer Alcohol Counsellor – Brighton & Hove

These are the qualifications, skills and experience identified as essential in meeting the standards of performance and contribution expected in this post.

Please consider carefully whether you can demonstrate, and provide evidence, to match this specification in both your application and any interview (if short listed).

CRI supports the requirements of the Disability Discrimination Act and will consider any 'reasonable adjustments' to premises or other working arrangements to prevent a individual from being substantially disadvantaged.

Competencies

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| 1. Qualifications | Good basic education – numeracy & literacy |
| 2. Knowledge | Principles of active listening

Principles of motivation

Awareness of information sources, how and where to access them

Awareness of issues facing people with alcohol problems |
| 3. Experience | Evidence of providing support to individuals on a one-to-one basis. This may be in a work, educational or personal setting. |
| 4. Skills & Abilities
Effective | Communication skills
Listening skills
Analytical skills |

Counselling Skills:

Demonstrates respect
Demonstrates empathy
Non-Judgemental
Demonstrates genuiness
Be resilient
Be flexible & adaptable
Ability to integrate theory & practice
Ability to work within alcohol treatment services

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ADDITIONAL REQUIREMENTS

Be willing and able to undertake and complete a training course.

Be able to commit to being a volunteer counsellor. The commitment is:

- Providing between 3 and 6 hours of counselling at the same time each week to clients with alcohol problems
- Attending group supervision for 2 hours every other week
- Attending on-going training and Counselling Service meetings – approx 8 per year